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PATIENT INFORMATION AND CONSENT FORM

Acupuncture involves the stimulation of specific points on the body to normalize physiological function. The stimulation may be produced by needles, heat, digital pressure, electrical currents, or other means, but most frequently by needling. Herbs and nutritional supplements may be recommended and are considered safe in the practice of Chinese Medicine.

Acupuncture is considered a safe method of treatment. Occasionally there may be some slight, temporary bleeding when the needles are removed, or some bruising or tingling near the needling sites that may last up to a few days. There may also be some temporary pain and discomfort. Because extremely fine pre-sterilized disposable needles are used, there is very little risk of infection, or scarring. Yet such side effects have been known to occur in very rare cases. On extremely rare occasions patients have fainted, experienced a spontaneous abortion, or sustained a pneumothorax (air in the chest cavity that could cause a collapsed lung).

Contraindications for acupuncture and Chinese herbal medicine:

You should not undertake treatment with acupuncture if:

- you have a history of a bleeding disorder or current anticoagulant therapy
- you have an implanted pacemaker or prosthetic heart valve
- you are using medications incompatible with acupuncture or herbal therapy

If you are in doubt about any of these conditions or factors, you should consult with your personal physician before proceeding. If you are pregnant, think you might be, or are trying to become pregnant please inform the acupuncturist as it may affect the point selection.

CONSENT FOR ACUPUNCTURE TREATMENT

I have read this information sheet and consent to be treated with acupuncture.

PATIENT'S NAME: _____

PATIENT'S SIGNATURE: _____

DATE: _____